

# NELMES PRE-SCHOOL – SAMPLE MENU

(Below is an example of the foods children will be served at Pre-School and this will be rotated across the days.



DRINKS AVAILABLE : WATER

	<b>MORNING</b>	<b>AFTERNOON</b>
<b>MONDAY</b>	Crumpets Grapes Satsuma/Clementine	Breadsticks Pepper's Carrot Batons
<b>TUESDAY</b>	Brown Bread Toast Kiwi Fruit Apple	Rice Cakes Cucumber Raisins
<b>WEDNESDAY</b>	Fruit Bread Pears Banana	Breadsticks Carrot Batons Dried Apricots
<b>THURSDAY</b>	Brown Bread Toast Apple Satsuma/Clementine	Fruit Bread Grapes Raisins
<b>FRIDAY</b>	Crumpets Banana Pear	Rice Cakes Apple Sultana's